



UW-Stout 30th graduating class of MFTs. Students left to right: (front) Roger Amundson, Dan Frye, (middle) Jennifer Abele, Corina Teofilo, Bridget Pollack-Naber, (rear) Amanda Hendrickson, Rebecca Schiltz, Anna Doherty, Yia Xiong, Samantha Rieks and Steve Freund.

COAMFTE

Over 30 Years of Continuous Accreditation

A milestone has been reached in the accreditation of marriage and family therapy training programs. In 1967, Brigham Young University received accreditation by the then AAMFC's Committee on Accreditation, and in 1977 the University of Wisconsin-Stout received its accreditation. Decades later these two programs have the distinct honor of having maintained their accreditation continuously for over 30 years; in fact Brigham Young University has maintained its accreditation for 40 years. This accomplishment is important in that it reflects the enduring nature of MFT training programs. Much has changed over these 30 years. Before MFT training programs existed, the first MFTs came exclusively from such fields as psychiatry, social work, psychology, religion and education. In 1975, there were only three accredited programs: Brigham Young University, Colgate Rochester Divinity School, and Syracuse University. Two years later, the University of Wisconsin-Stout joined the ranks as an accredited MFT training program. Today, many AAMFT members still cross over from other professions, but establishing accredited training programs was an important step toward making MFT a profession in its own right. In 2006, the number of accredited programs had climbed to 98, and these programs now play a major role in the growth of the profession.

A Resource Tool for Every Therapist

Marriage and family therapists provide therapy for a wide range of mental and emotional disorders and health problems. Topics range from people suffering from depression, to alcoholism, to suicidal thoughts. But sometimes therapists run into a topic they are not so familiar with, and could use a quick reference guide.

Designed as quick-read resources for the busy professional, the AAMFT produces a valuable resource called *Clinical Updates for Family Therapists: Research and Treatment Approaches for Issues Affecting Today's Families*, Volumes 1 & 2. These two books contain digests of the latest information about a topic, with references for more in-depth study. These updates are helpful for reviewing the latest research on a topic, seeing what clinical approaches are known to work, learning the lingo, and finding the best resources.

Each volume of the *Clinical Updates for Family Therapists*: contains three years worth, or 18 chapters, of *Clinical Update* articles. These two books contain all AAMFT *Clinical Updates* that were published from 1999–2004. The original author(s) of each article were asked to review the text and update it as needed with research and references. This ensures you are purchasing an up-to-date resource.

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