

CRC Exam Preparation Workshop

Introduction

This CRC exam preparation workshop provides you a unique opportunity to prepare for the CRC exam. The online learning format allows you to access material nearly anywhere and anytime internet access is available. This will be a valuable opportunity to practice taking computerized tests since the CRC is now computerized rather than paper/pencil.

A course facilitator who has passed the CRC exam will support your preparation, answer questions, provide feedback, highlight preparation strategies, and give you tips on how to study specific content areas. Organized course content and practice quizzes will guide your studying and keep you on track. You will go through this course with a group of others from around the United States who all are focused on passing the exam.

Topics/Units

The units for this workshop were developed from the knowledge domains indicated by CRC as necessary to pass the exam and are organized similarly. The course is designed to provide a focused understanding of the major concepts and strategies relevant for today's rehabilitation professional. The content is reflective of information considered essential for delivering quality rehabilitation services for individuals who have disabilities. Following are the unit titles:

- **Vocational Consultation and Employer Services**
- **Job Development and Placement Services**
- **Career Counseling and Assessment Techniques**
- **Mental Health, Substance Abuse, Sexuality, and Wellness**
- **Counseling: Group, Family, and Individual**
- **Foundations, Ethics, and Professional Issues**
- **Medical, Functional, and Psychosocial Issues of Disabilities**
- **Rehabilitation Services/Resources**
- **Ethics**
- **Health Care and Disability Systems & Case Management**

General Workshop Requirements and Tasks

New units will be opened weekly to guide your studying and keep you on track. Content relating to the CRC exam domain areas is provided for each unit. Documents in Microsoft Word, pdf, and a printer-friendly version with limited graphics will be available. Test taking tips, strategies, and advice will also be provided throughout the workshop.

Each unit includes a test which you can adapt to your studying preferences by taking it as a pre-test, post-test, or pre- *and* post-test. You can take all of the tests in this workshop as many times as you would like. Each time the questions and possible answers are presented in a different order. There also will be a final exam that simulates the CRC with 150 questions. A participant from the last workshop said, "Completing the quizzes and the practice exam improved my test-taking confidence."

There will be a discussion board provided for each unit. This is an opportunity for you to ask questions of other participants in the group and the course facilitator, who is a CRC. Past participants have indicated that they believe work experience is important in passing the exam. Discussion board prompts will be provided to encourage participants to share their experiences working in the field of rehabilitation.

Timeline

Past participants have spent approximately 2-6 hours weekly to study the content and take the quizzes. The timeline on your progress depends on how comfortable you feel with the content – some units will take you relatively little time while you will spend longer on others.

We plan the dates of this workshop so that the information is fresh in your mind when you go into the exam. When you start the course you will have two units available immediately for those of you who are really motivated to get going, then one unit will be provided weekly after that point. During the last week of the workshop, you will have all of the content available and the simulated CRC exam to take.

We provide new content weekly so that you do not become overwhelmed by receiving all of the information at once or by waiting too long to start studying. Part of the purpose of this workshop is to make you feel comfortable. If we made all of the units available the first day, many people would be overwhelmed. If you work on the course weekly, you will likely feel less stressed because you've paced yourself. Unless you have extenuating circumstances, we recommend that you follow the same timelines as the rest of the group.

Completion of Workshop

We do not provide Continuing Education Credits (CEUs) for this workshop. You won't receive a grade for this course, nor do you pass or fail. You will get out of this course what you put into it. Although we recommend that you take each test at least once, whether you do or not is up to you. The purpose of this course is to provide a solid review of rehabilitation counseling information and to help you become comfortable with the information by assessing your knowledge.

Note: If you request a completion certificate, note that we will not consider you to have completed unless you have taken all of the tests at least once and have accessed the content for each unit (yes, we can tell!). We do not automatically provide completion certificates because we do not provide CEUs for this course. If you need one, please request it after you've completed the course.

DISCLAIMER:

Following are a few things we want to make sure you are aware of before taking this course.

We are not CRCC or affiliated with CRCC. Some individuals in the past seem to have thought that taking this course somehow means that they are registered to take the CRC exam. You should have applied to take the CRC exam months ago and we recommend that, if possible, your seat is confirmed before taking this workshop as mistakes do happen and occasionally people need to postpone the test.

We do not know what is going to be on the test. No test preparation course knows what is going to be on the test. That said, this course was developed by CRCs and is based on their test taking experiences, the knowledge domains presented by CRC, and the feedback of our past participants who would offer suggestions on areas to include or add more information on. Our goal is to predict as closely as possible what will be on the test and we revise the course after each time it is offered to include the suggestions of past participants. Also remember that people accepted to sit for the CRC exam have had appropriate education and/or experience which cannot be recreated in a 9-week course – what we do is provide a review and it is important to seek further resources if you really do not feel comfortable with a topic.

The questions on the quizzes that you take during this course have not been statistically validated or field tested as those on the CRC have been. Their purpose is to help you become more familiar with the material and assess where your knowledge is lacking. Of course, care was taken to make the questions as “solid” as possible. Just know that we do not have a panel of PhDs constantly updating questions as CRCC does – but, we do our best and many participants have found this course helpful. Building your general test taking skills can improve your confidence and test taking abilities.

We do not guarantee that you will pass the CRC exam after taking this course. How could any reputable source honestly say that they guarantee you will pass? There are many variables out of our control. However, we do provide one free retake of the course for participants who do not pass on the first time. As mentioned, if you feel that you know very little about a topic, we strongly recommend that you seek further resources such as textbooks recommended by CRC. We would not recommend for anyone to only use one source to study for an important test – view this course as one tool to help you prepare. We will provide more information on other resources in the course.

Finally, we do not provide assistance in applying to sit for the exam or determining if you are eligible. For more information on this topic, see the CRC certification guide at <http://www.crccertification.com>.